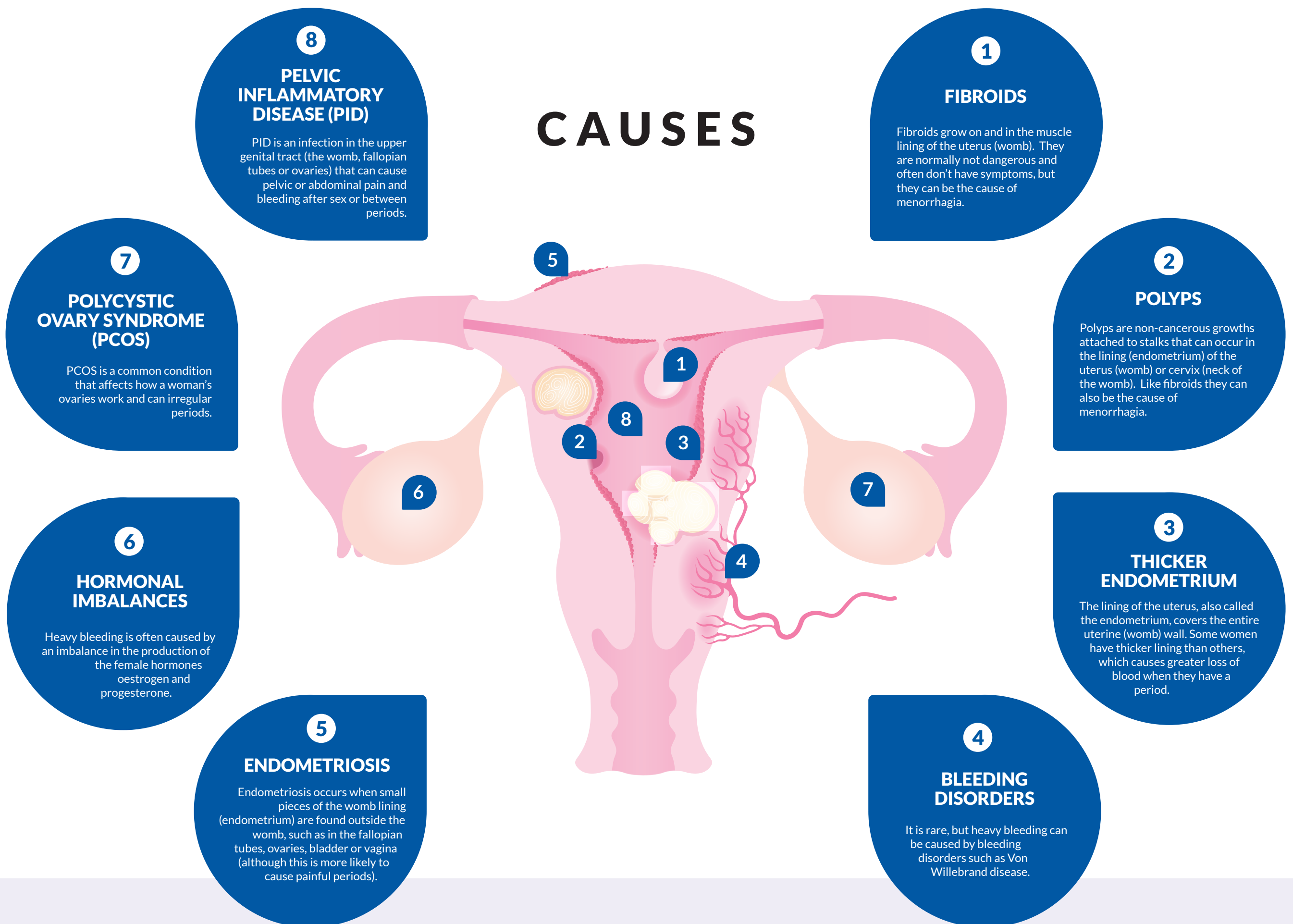
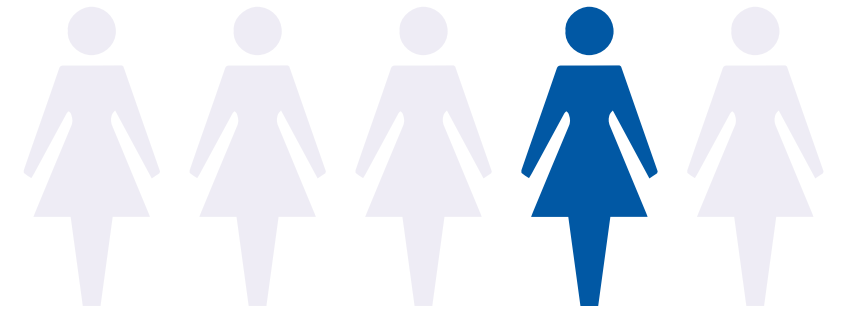


Causes of heavy periods.

Menorrhagia, heavy periods that occur over a number of cycles, is one of the most common gynaecological complaints. Fortunately, it's not a life-threatening condition, but excessive loss of blood, prolonged and irregular periods and bleeding between periods can have a dramatic impact on your life. Menorrhagia is recognised as a medical condition and it is treatable.

1 IN 5 WOMEN EXPERIENCE HEAVY PERIODS



TREATING HEAVY PERIODS

Since heavy bleeding develops gradually, you get used to it, or at least manage it. Often women do not realise that continuous heavy periods (menorrhagia) is a medically recognised condition for which there

are treatments. Several, in fact. Treatments that can give you back control of your life. Visit wearwhiteagain.co.uk to read more about the possible treatments.

SOURCES

National Women's Health Resource Center. Survey of women who experience heavy menstrual bleeding Data on file; 2005
Dilley, A., Drews, C., Miller, C., Lally, C., Austin, H., Ramaswamy, D., et al. (2001). von Willebrand disease and other inherited bleeding disorders in women with diagnosed menorrhagia *Obstetrics & Gynecology*, 97(4), 630–636.